

Primary Source: Contributions and Process of Identification

Almost from the start of this project, I knew that Jarek Aniszewski was the ideal guest for a podcast on this topic. I knew of him through mutual connections, so I was aware that he is passionate about cooking and hosting others. I also knew that Jarek's Polish ethnicity could bring a valuable perspective to El Paso Food Voices because the Polish community may not be widely associated with El Paso. When I finally had the pleasure of meeting Jarek and sitting at his family's table, I further realized the significance of what he would contribute to the podcast. Jarek's passion for food and conversation may seem simple, but his expression of these passions has a profound impact—he brings together diverse individuals and offers his family's table as a place of belonging. By opening their home to people every week, the Aniszewskis exemplify how a shared table is deeply connected to the sharing of lives and how communal eating has the power to strengthen human connections.